



# Keston Primary School

## Safeguarding Newsletter

Keston Primary School  
Keston Avenue, Coulsdon, CR5 1HP Tel: 01737 555103

OUR  
**Safeguarding**  
Team

Designated Safeguarding Leads



Mrs Stevens  
Assistant  
Headteacher



Mrs Green  
Headteacher



Mrs Storey  
Assistant  
Headteacher



Mrs Eason  
Assistant  
Headteacher

Deputy Designated Safeguarding Leads



Mrs Kirk  
Teacher



Mrs Tribe  
Phase  
Leader



Mr Newman  
Phase  
Leader



Miss Slater  
Class Teacher

Speak to a member of our safeguarding team if you are worried about a child.

### Seeking Help

Being a parent can be challenging. Now, more than ever, taking care of your mental health is important. With the cost of living increasing, if you're struggling, it's okay to reach out for support from friends and families. There are also plenty of organisations that are available to help.

Throughout our Wellbeing Curriculum at school, children have the opportunity and are encouraged to talk about their emotions, ask for help if they feel they need it and share any worries or concerns with their teachers.

If you need emotional or financial support, we can point you in the right direction of a service who will be able to support you.

Please contact a member of the Headship team, who will be more than happy to listen and help.



### Our Safeguarding Curriculum

We believe that one of the best ways to safeguard children is to equip them with the knowledge and skills to be able to keep themselves safe.

Safeguarding themes are interwoven throughout our Wellbeing curriculum and the opportunities we offer in school. Look at our website to see how our Wellbeing curriculum is covered across the school:

<https://www.kestonprimary.org.uk/wellbeing/>



### Purley Food Hub

Purley Food Hub have continued to support families in our local community.

If you are in need of this service or additional financial wellbeing support, please contact Mrs Stevens in confidence.



### Are you worried about your child's behaviour?

We are here to support you if you are worried about your child's behaviour. Below are some tips that you may find helpful:

- Listen to your child without judgement.
- Promote positive behaviour.
- Use positive praise.
- Make sure their class teacher is aware.
- Be consistent.
- Understand their triggers.

If you would like support with your child's behaviour, talk to your class teacher. We are here to help you.

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### Whizz App

Local police have received a number of offences of blackmail of children and teenagers, who have downloaded the WHIZZ app on their phone. In these cases, the child or young person has begun chatting on the app and built up a rapport, where they have continued the conversation on WhatsApp. The child or young person has then been coerced into sending an inappropriate photo. Furthermore, the suspect then demands £100 otherwise the picture will be sent virally to friends, family and wider groups.

It has come to our attention that many children at Keston continue to use social media accounts at home, such as Snapchat, TikTok, WhatsApp and Instagram, whilst being under age.

Several parents and children have reported inappropriate use of these apps and this is causing some concern and upset for them. It is important to note that content on social media is not always regulated and inappropriate material is often not removed immediately.

These apps have an age limit for a reason and very often primary school aged children have not yet developed the emotional maturity to be able to deal with issues that arise.

**It is your responsibility as a parent/guardian to ensure your child/ren is/are safe.**



**whiz**



### NSPCC advice on leaving a child at home

**NSPCC**

- Babies, toddlers and very young children should never be left alone
- Children under the age of 12 are rarely mature enough to cope in an emergency and should not be left at home alone for a long period of time
- Children under the age of 16 should not be left alone overnight
- Parents and carers can be prosecuted for neglect if it is judged that they placed a child at risk by leaving them at home alone
- A child should never be left at home alone if they do not feel comfortable with this, regardless of their age  
If a child has additional needs, these should be considered when leaving them at home alone or with an older sibling