



# Keston News

FRIDAY 31ST MARCH 2023

Dear Parents and Carers,

The Spring Term seems to have gone very quickly. The children have worked so hard this term and have taken part in lots of interesting curriculum work. The highlight of the term for me has been our Ofsted Inspection and how both the children and staff responded. Everybody came together as a team to show the inspector what an amazing school Keston is. Year 6 have been enjoying their residential at PGL Windmill Hill this week. Mrs Stevens and I spent the day with them on Wednesday. They were collaborating with each other, challenging themselves to complete different activities and generally having lots of fun!

We say goodbye to Mr Rosewell today who has been at Keston for 9 years. He is moving to a school in another borough as an Assistant Headteacher. We wish him well at his new school and thank him for all his hard work at Keston.

I hope you all have a restful break and we will see you all on Monday 17th April.

Thank you for your continued support.

Kind regards,

Mrs Green  
Headteacher

*On Friday, Year 5 celebrated the end of their South America topic by inviting in their parents and carers.*

*The children presented their fantastic work to their parents, performed a dance and then the parents sampled some South American food that was cooked by the children!*



## Keston Primary School

Keston Avenue, Coulsdon, CR5 1HP Tel: 01737 555103



PACE Academy Trust

# Class Assembly Dates



Class	Assembly Date
Blue	Wednesday 24th May
Red	Wednesday 5th July
Purple	Wednesday 21st June
Yellow	Wednesday 29th March
Green	Wednesday 14th June

Class	Assembly Date
Rosen	Wednesday 17th May
Rowling	Wednesday 3rd May
Horowitz	Wednesday 28th June

## Eco Schools Committee

The Eco Committee would welcome donations of indoor plants. They are working hard on making our school environment a greener place to be.



**Is my child too ill for school?**  
It can be tricky deciding whether or not to keep your child off school or nursery when they are unwell.  
Please see the linked information from the NHS.

## Food and Hygiene Banks

Thank you to everyone who has already donated to our collection banks. The donation station is just outside the school office and donations can be added before and after school.

If you need to access support from our banks, then please email the school on [safeguarding@keston.croydon.sch.uk](mailto:safeguarding@keston.croydon.sch.uk) or talk to a school leader on the gate before or after school.





Do you know the PEGI ratings of the games your child is playing?

Do you feel confident managing access to games if your child has an older sibling?

For more information and support about keeping safe online, please take a look at the following websites:

[Online Safety Story](#)

[ThinkUKnow \(CEOP Website\)](#)



Age	3+	7+	12 or 13+	16+	18+
Games and Apps	Jolly Phonics	Roblox	Super Smash Bros	WhatsApp	Grand Theft Auto
	Fifa	Minecraft	Overwatch	Vimeo	Battlefield
	Mario Kart	Lego Worlds	Fortnite	Call of Duty	Meet Me
	Just Dance	Jail Break	Instagram		Monkey
	Club Penguin	Angry Birds	Snapchat		Tinder
	Purple Mash	Bin Weevils	YouTube Account		
	Espresso	Among Us	Facebook		
	Animal Crossing		Pokemon Go		
			TikTok		

### PEGI Age Ratings and what they mean



- 3+ Suitable for all age groups
- 7+ May contain some frightening pictures/sounds
- 12+ Slightly more graphic violence towards non-real life characters. Slightly more graphic nudity/mild bad language with no sexual expletives
- 16+ Nudity and violence have reached a stage comparable to real-life / extreme bad language / drugs / criminal activity
- 18+ Contains "gross violence" and themes of an entirely adult nature

The PEGI system is designed to inform the public of what's suitable and what's not for different ages. It can be a helpful tool in helping you to decide what games are appropriate for your child. This criteria has been established by experts in the field of child protection, psychology, the law and media. It helps analysts to decide what game content is appropriate in each of the five rating groups. PEGI ratings are based on safety and not game difficulty. Lots of children want to be challenged by games and believe an older rated game will be harder.



Includes in-game purchases



Online game-play available



Contains depictions of violence



May encourage or teach gambling



May be frightening to younger children



Contains bad / offensive language



Contains the use / glamorisation of alcohol / drugs




Contains depictions of nudity / references to sexual activity



18+ containing depictions of ethnic, religious, nationalistic or other stereotypes that could encourage hatred



**Is your child protected?**

It's not too late to catch up on their vaccinations. If your child has missed a vaccine, contact your GP to catch up.



**Protect your child. Get vaccinated.**

[NHS.uk/childvaccines](https://www.nhs.uk/childvaccines)

## Parent Helpline for Safeguarding Children

The NSPCC helpline provides help and support to thousands of parents, professionals and families.

The helpline is a place adults can contact by phone or online to get advice or share their concerns about a child, anonymously if they wish.

It is staffed by professional practitioners with backgrounds in jobs like teaching, healthcare and social work, who know what to do to help.

Parents and carers often have lots of questions, such as 'What is the right age to leave a child home alone? What to do about bullying or how to keep their children safe online?'

Worried about a child! Whatever the issue, call the NSPCC Helpline to keep children safe. Contact the trained helpline counsellors for 24/7 help, advice and support.

Mrs Stevens is the school's Designated Leader for Safeguarding.



**HELPLINE**

**0808 800 5000**

[help@nspcc.org.uk](mailto:help@nspcc.org.uk)

## FREE SCHOOL MEALS

This update is to remind you of the importance of applying for benefit related Free School Meals if you think your child is entitled.

You should be aware that the Free School Meals entitlement also brings additional funding to the school in the form of Pupil Premium – it is this funding which allows the school to provide many of the extras that Keston offers your child: reduced charges for school trips, small group interventions, plus much more.

It is important that your child is registered in order for this funding to be released.

Please can we ask that if you believe your child should be entitled to benefit related free school meals, please complete the form ASAP – it's an easy process.

[Click Here](#)

**Free  
School  
Meals** 

*Are you entitled?*

