

**KESTON PRIMARY**  
**Whole School Wellbeing Themes**

<b>Relationships</b>	<b>Health</b> Physical and mental wellbeing  <b>Safeguarding</b> Keeping Safe; Internet Safety	<b>Citizenship</b> Equality and Diversity; The Environment: Economics
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<b>Autumn Term</b>	What makes a good learner?	What makes a good classmate?	What makes a good friend?	How can my actions affect others?	<b>CELEBRATING DIFFERENCE WEEK</b>	How can I resolve conflict?	Where do I belong?
Spring Term	What/who helps me to keep safe?	How do I keep myself safe? <i>*Link to independence and responsibility</i>	<b>KEEPING SAFE WEEK</b>	How can we look after other living things?	What effect do we have on our environment?	How can we look after our environment? <i>School based project e.g. gardening, making items out of recycled materials</i>	
Summer Term	What does being 'healthy' mean?	What can I do to keep myself healthy?	<b>WELLBEING WEEK</b>	How can I manage my feelings?	<b>MY MONEY WEEK</b>	What happens when we grow up?	How do I manage change?