



KESTON PRIMARY SCHOOL

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29th January 2019

Dear Parents

PGL Meeting – Friday 15th February 2019 at 9am

Year 6 Windmill Hill PGL Trip Tuesday 2nd April – Friday 5th April 2019

Here is the final information on the above trip to Windmill Hill, PGL Centre. We will be taking part in a number of activities such as: abseiling, climbing and zip wire. There will also be various evening activities.

The children will work in groups of approximately 11; with one adult from school and a qualified member of staff from the centre to supervise each group. The adults accompanying the children this year will be Mrs Green (Party leader), Mrs Parker, Mr Turner, Mrs Dorset (First Aider), Mr Rosewell and Mrs Page. All adults have an Enhanced Criminal Records Bureau clearance.

Pocket Money

If you would like your child to have pocket money, it should be in a **named** purse/wallet and should not exceed £7.50 (change, not notes). There are very limited opportunities for spending although the Centre does have a small shop. The purse should be handed in to your child's group leader before we leave.

Health

1. If your child requires any pills, medicines, etc. during the visit or for the return journey please ensure that they are brought to school on the day of departure. They should be in a container marked with the child's name and dosage and given to Mrs Dorset with a medical consent form. We cannot administer medicines without your approval.
2. The Centre is understandably stringent about not accepting children who are suffering from an infection (refunds are made in case of illness with a covering letter from the GP).
3. Please encourage your child to bring a favourite cuddly toy as this can help with home sickness.



Kit

1. For the journey children may wear their own clothes.
2. They should have a lightweight backpack containing the following items: packed lunch (in a disposable bag), refillable plastic drink container with tight fitting lid as this will be used everyday, notebook, pencil case, pocket game and named purse/wallet containing pocket money. **NO MP3 PLAYERS, ELECTRONIC GAMES OR MOBILE PHONES MAY BE TAKEN.** The backpack will be used on site to carry drinks, cameras, coats etc...to and from activities.
3. The children will also need a holdall or suitcase containing the following: **(Please note that they will have to carry their own bag, so please ensure it's not too heavy for them).**

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| Long sleeved tops (lightweight & warm) – essential as long sleeved tops must be worn for all physical activities. Hoodies are ideal. | Full length jeans/trousers/track suit bottoms – essential for all physical activities. <u>Please avoid jeans for daytime activities.</u> |
| T shirts | Clothes for evening activities (it will be cold) |
| 1 set of old clothes and trainers for wet activities. | Disposable Camera (optional) |
| Night clothes and slippers for wearing in the centre | Toiletries bag (usual contents) + sun care products. Roll-on deodorant – NOT SPRAYS – ESSENTIAL * |
| Own towels (none provided by centre) | Trainers and at least one other pair of suitable outdoor footwear. |
| Sufficient underwear & socks | Waterproof jacket (to be worn on day of travel however they may take a spare). THIS IS ESSENTIAL |
| Bin liners for dirty clothes | A stamped, self-addressed postcard |
| Optional items: Warm hat, gloves, sunhat, waterproof trousers (depending on weather) | |

PLEASE NAME ALL ITEMS CLEARLY WITH CHILD'S NAME AND SCHOOL.

Children do not need expensive clothing for outdoor activities as these may get muddy or torn.

ACTIVITIES CONTINUE REGARDLESS OF THE WEATHER.

Arrangements for Tuesday 2nd April

- The children should arrive in school at the usual time.
- Children should go to the Junior Hall with their luggage, coats and rucksacks.
- All medicines (labelled and in a named bag with written instructions) handed to Mrs Dorset and Mrs Page with a medicine form, copy attached.
- The coach company have requested that **NO CHEWING GUM** be allowed.
- PGL have advised us that **no food or drinks may be consumed in the bedrooms therefore please do not pack any sweets etc in your children's bags.**
- We will depart from the school, travelling to the centre by coach/ minibus.

Please note your first point of contact during this week will be the school office. When we arrive at the centre Mrs Green will contact the school and a message will be posted on the school website and a text message will be sent informing you that the group have arrived safely.

Arrangements for Friday 5th April

- We are due to arrive back at school at approximately 3.30 p.m. This will depend on how quickly we are able to depart from the centre after lunch and the traffic.
- Please wait on the junior playground (if it is raining the junior hall will be available).

Discipline

If during the visit any child's behaviour is unacceptable parents will be asked to collect their child. We are confident, however, that the children will be excellent representatives of our school.

Parent Consent/Information Form

Attached to this letter is a Parental Consent and a medical form, this must be returned to school as soon as possible.

Meeting

We will be holding a short meeting on Friday 15th February at 9am for the parents of pupils who are going to PGL. The meeting will last no longer than half an hour.

The purpose of the meeting is to confirm the arrangements for the visit; there will also be an opportunity for parents to ask any questions they may have. Information will be posted on the school website after the meeting.

Thank you for your co-operation with these arrangements. Finally we hope that this will be an enjoyable and successful week for everyone.

Yours sincerely



Mrs H Green
Party Leader