

**Home Learning Activities**  
**Week Beginning 8th June 2020**  
**Topic - Food**



**Nursery**  
**Bumblebees and Ladybirds**



**Maths Weekly Task**  
**(Aim to do 3 activities over the week)**

- Watch a Numberblocks clip each day at: [BBC](#) or [CBeebies](#). Use this guide [here](#) to give you ideas on what to do with your children whilst watching an episode. Practise counting up to 10. This can be done through playing hide and seek, singing number songs, chanting, board games etc.
- Play the Numberblocks add and subtract [game](#).
- Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales?
- Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?

**Reading / Phonics Weekly Tasks**  
**(Aim to read once a day and do 3 phonic activities over the week)**

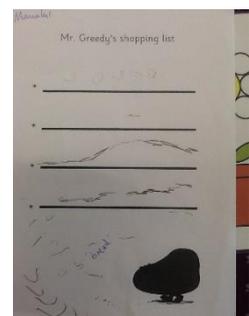
- Read a variety of books at home. Favourites can be repeated. Hearing the patterns of language in a story will support your child's language development.
- Look at recipe books and food magazines. Encourage your child to use their phonics knowledge to spot the letters they have learnt in the text - they might even be able to begin to blend some simple words to read them.
  - Select a recipe and make this together.
- Pour flour, rice or lentils into a shallow tray or plate. Show your child a letter, or say the letter sound aloud and ask them to 'write it' in the food using their finger.
 
- Watch the Alphablocks video [here](#), about the letters s, a, t, p and how to blend them to read words.



**Weekly Writing Tasks**

**(Aim to do name writing everyday and one of the other activities over the week)**

- Practice name writing. Can they write their first name? Middle name? Surname?
- Using recipes from books as a guide, ask your child to create their own recipe for their dream meal. They could draw out the ingredients and label them and draw the finished meal.
- Look at a range of different packages found around the kitchen. Discuss with your child what makes it stand out to a customer. Support them to design a package for a treat of their choice.
- Write a shopping list together, can your child say and write the initial sound of each thing on the list?



## Learning Project - aim to do 3 or more activities over the week

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

### • **Healthy/ Unhealthy-**

- Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good for you or bad for you. Look at the [Eatwell plate](#) to help figure out which foods they should eat a lot of or not very much of.
- Discuss how exercise is an important part of staying healthy. Watch and complete a [10 minute shake up](#).

### • **5 a day-**

- Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could write these using their phonics knowledge or draw a picture of each item.

### • **Create a collage-**

- Draw out a number of fruits or vegetables, large enough to fill a piece of A4 paper. Give your child a selection of colourful packaging and paper. Can they cut out and collage on to their picture.



### • **Play shops-**

- Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing.

### • **Potato/ Vegetable Printing-**

- Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created:



### • **Make cornflour gloop-**

- Mix cornflour with a small amount of water in a mixing bowl. It will make a slimy, stretchy mixture. Allow your child to explore the change of texture from wet to dry and the texture of the gloop.



In next weeks Home Learning we will be thinking about music. Learning may focus on famous musicians, listening to and performing music and exploring a range of music genres and instruments.

Please do keep in touch via the emails below and let us know how you are getting on.

Email us at: [ladybirds@keston.croydon.sch.uk](mailto:ladybirds@keston.croydon.sch.uk) and [bumblebees@keston.croydon.sch.uk](mailto:bumblebees@keston.croydon.sch.uk)

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